



September 2018

IN OUR LEAGUE

ORT House

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L' Shanah Tovah
Have a sweet year!



FOR THE LEAGUE OF JEWISH WOMEN TO COMPLY WITH THE NEW DATA PROTECTION ACT, IT IS IMPORTANT THAT EVERY MEMBER, COMPLETES AND SIGNS THE ATTACHED FORM. IF YOU HAVEN'T SIGNED THE DATA PROTECTION FORM WHICH WAS INCLUDED IN THE MAIL OUT IN MAY AND BY EMAIL TO MEMBERS WHO HAVE THIS FACILITY, PLEASE DO SO NOW – THE FORM IS ATTACHED AND CAN BE COMPLETED AND SENT TO

- **ORT HOUSE, - ADDRESS ABOVE or**
- **GIVEN TO YOUR GROUP CHAIRMAN or**
- **SCANNED AND EMAILED c/o tania@theljw.org**

DATES FOR YOUR DIARY - All events will be held at ORT House.

OPEN FORUM

TUESDAY, 16TH OCTOBER 2018 – 10.30 am coffee, 11 am Open Forum to be followed by a sandwich lunch. Rosalind Bluestone, Founder and CEO of Goods for Goods will be giving a short presentation.

SOCIAL ISSUES SEMINAR

TUESDAY, 27TH NOVEMBER 2018 – Flyer to follow.

'Living with Addiction'. This will deal with Drug and Gambling addictions. Candice Donn, Head of Clinical Services from Gamcare, and Nicci Hari, a recovering addict to prescription drugs from the organisation, Addiction Helper.

ICJW SEMINAR

WEDNESDAY 12TH DECEMBER 2018 - Flier to follow.

"Human Rights– Where do we draw the line"?

75TH ANNIVERSARY ANNUAL GENERAL MEETING AND CELEBRATION LUNCH

In June, the 75th Annual General Meeting was held and reminded us all of how vital and appreciated our work is to many organisations and will be needed for many years to come. Simon Johnson, Chief Executive of the Jewish Leadership Council was our speaker and Raia Mayor, who is a recipient of our Way Ahead service, gave a heartfelt thanks to the League for the support she received from our volunteers.

If you would like to see the Minutes, please let me know and I will forward them to you in due course.

The 75th Anniversary lunch followed the AGM which was very successful and enjoyed by the 110 members who attended. The event was a total sell out and was held at the Great Portland Synagogue.

HEALTH MATTERS SEMINAR

In July, Anita Best was our speaker at the Health Matters Seminar – All about Fitness and Wellbeing.

She not only spoke about the importance of keeping mobile as we age, but led a short fitness session.

There is always a lot of discussion as to which topics would most interest our member. At a recent meeting the following items were discussed for future seminars: Dementia, Stress Management, Mindfulness, Addiction to Social Media, Stroke and Microbiomes (including gastrointestinal problems). If there is a subject that you would like to learn more about, please contact me so that I can put the idea forward for a future Seminar.

The next Seminar will be held in either January or February 2019.

SOCIAL ISSUES SEMINAR ON INTERNATIONAL WOMEN'S DAY WOMEN SHAPING THE FUTURE



An interesting Seminar was held in March celebrating International Women's Day where our two speakers discussed the important part women are playing in shaping the world.

Det. Supt. Shabnam Chaudhri told us about her career in the police force and how she achieved her high rank in what was a man's world and Emily Spearman, a Chartered Energy Engineer, talked about her career in The Women's Engineering Society and how she copes with travelling around the world for her work and looking after her family.

AJEX ANNUAL PARADE AND REMEMBRANCE CEREMONY 2018

**The 85th Ceremony will take place on
Sunday, 18th November 2018.**

As in previous years, we hope that many of you will support this event and march under the League of Jewish Women's banner. Your family members will be very welcome to join us. There is an age limit of 13. It is important that we know who will be participating in this event and we would, therefore, be grateful if you would let tania@theljw.org know as soon as possible.

Nita Baharier and Fay Weyman



Forty years ago, in September 1978, the Meals on Wheels Service was started by Gillian Gold and Nita Baharier and the meals were prepared in the kitchen at Palmers Green Synagogue. When the Day Centre was open at Henriques House, in partnership with Oxford and St. George's, the meals were transferred to the Day Centre and, as the service grew, a cook was employed and the meals were sent out four days a week. The founders of the Henriques House Day Centre were Gillian Gold, Frances Lester, Jo Velleman and Nita Baharier.

Volunteers from local groups of the League and also members of the local AJEX groups helped in various capacities. In 1981, after 19 years, the Day Centre was transferred to Woodside Park Synagogue but facilities were available for only 2 days. Many of the volunteers continued to help including Fay Weyman who has just 'retired' aged 94 (photo above).

Nita is still cooking two days a week at the Day Centre but many of her helpers are now retired although she is still helped by members of the League and a few men from the local community.

Who Knew.....

In October 1961, Hull was hit by an epidemic of Polio. Various voluntary organisations provided volunteers to help

with logistical support to those dispensing the oral vaccine to 300,000 people in the town over 1 week. Hull was the first city to fully vaccinate their population using this system of inoculation.



Amongst the organisations providing volunteers was the Hull branch of the League of Jewish Women.

In April 2018, the Bill and Melinda Gates Foundation funded the "One Last Push" Campaign; a pledge to eradicate Polio across the world. As part of this work they visited cities to promote their aims and to get people to sign their pledge. Hull was chosen because of the epidemic in October 1961 and the work of the volunteers.

Jackie Baines contacted synagogues in the Hull area to enquire whether they knew of anyone connected with the League and she was put in contact with Peter Hirschfeld, whose mother, Sylvia, was Chair of the group in 1961, Audrey Sugarman, who was a member of the Hull League and Penny Marks, whose mother was a member.

All three were invited to attend and participate in the formal ceremony and Audrey and Peter also gave interviews to Look North, ITN News and Radio Humberside.

INTERNATIONAL COUNCIL OF JEWISH WOMEN



On May 30th, Penelope Conway was inaugurated as the President of the International Council of Jewish Women at the ICJW Quadrennial Convention which was held in Sydney, Australia. Penelope has held many prestigious posts in the voluntary sector and was President of The League of Jewish Women between 2003 and 2007. Since her involvement with ICJW, which began in the late 90's, she has held the position of ICJW UK Vice President and has just stepped down as the Chair of Status of Women Committee. In Penelope's professional life, she is a practising Osteopath and is a Fellow of the Higher Education Authority, a Clinical Tutor for undergraduates and is a Past Board member of the British School of Osteopathy.

In July, we lost two very special friends, June Jacobs and Addriane Sherman who had been members of the League for many years and were an important part of ICJW.

Addriane Sherman, a longstanding Life Member of Council from the UK. Addriane was involved with ICJW in different capacities for many years and always attended Conferences and Conventions as well as Executive meetings.

June Jacobs, CBE was a past President of the International Council of Jewish Women from 1996 – 2002, serving two terms as President. She has been described as a Jewish Social Justice campaigner for Peace and Women's rights. June was the founder of the National Council for Soviet Jewry and travelled to the Soviet Union to meet and campaign for "refuseniks" who had been denied permission to emigrate. She was one of the lobbyists for the European Women's Lobby and was also a member of the National Association of Women's Organisations. She was at the forefront of so many campaigns including THE GET. She was held in very high esteem by people from various countries, communities and different walks of life. June seemed to spend her life jetting off to attend important International meetings yet always had time for the League of Jewish Women and was a committed member. She was awarded a CBE in 2009 for services to human rights and interfaith relations.

We are in the progress of planning the Human Rights Day Seminar.

We have invited Mia Hasenson-Gross to be one of our speakers. She is a Director of the Rene Cassin organisation who are celebrating the 70th Anniversary. Rene Cassin was a soldier in WW1 and his experiences led him to be the driving force behind the UN commission drawing up the Universal Declaration of Human Rights of 1948. More information can be found on their website www.renecassin.org.

Fliers will be sent once we have completed the panel.